

NAIL CARE NYS



PURPOSE

To evaluate each contestant's preparation for employment and to recognize outstanding students for excellence and professionalism in the field of nail care.

ELIGIBILITY

Open to active SkillsUSA members enrolled in programs with cosmetology/nail care as the occupational objective.

CLOTHING REQUIREMENT

Stylist: Black pants or skirt, white shirt. Professional smock either black or white, work shoes either black or white. Students name or school name may not appear on any item of clothing.

Model: Black pants or skirt, white shirt.

Note: Contestants must wear their contest clothing to the contest orientation meeting.

EQUIPMENT AND MATERIALS

1. Supplied by the NYS chair/committee
 - a. Anti-microbial cleanser (for pre-cleaning hands of contestant and model)
 - b. Waterless Hand sanitizer (for use by contestant and model)
 - c. Disinfectant tray system with solution (for implements)
 - d. Technical guidelines for the specific applications required to be performed
 - e. Disposable table towels
 - f. Plastic bags for disposal and refuse
 - g. One electrical outlet per contestant
2. Supplied by the contestant
 - a. Safety glasses for contestant and model
 - b. White terry towels (no holes or stains allowed)
 - c. Water dispenser
 - d. All items necessary to complete five sculptured acrylic nails. **Note: Dappen dishes must have covers; monomer, polymer and primer must be from the same manufacturer; two or more**

of the four basic acrylic colors (pink, white, clear or natural) must be used to complete two-tone/French manicure sculpted nails

- e. All items necessary to complete five nails with a tip and light-cured gel overlay. **Note: Gel polish, temporary or no-light gels may not be used.**
 - f. Dark red crème lacquer/polish
 - g. All items necessary to complete flat-paint nail art application. **Note: Supplies are limited to polish, lacquers, paints and sealer; see items not allowed. Top coat may be used as a sealer**
 - h. Written description of their nail art theme. Themes are to be typewritten and contained within a plastic sleeve **Note: Due at contest check-in/Orientation Meeting**
 - i. Portable kit organizer (to transport all items necessary for the contest)
 - j. Manicure table lamp and electrical extension cord.
 - k. All competitors must create a one-page résumé using a word processor. Resume to be handed in at the orientation meeting. Failure to do so will result in a 10-point penalty.
Note: Your contest may also require a hard copy of your résumé as part of the actual contest. Check the Contest Guidelines and/or the updates page on the NYS SkillsUSA Web site:
<http://www.nysskillsusa.org/>
3. Items not allowed:
 - a. Nail art accessories: gems, skins, feathers, rhinestones, glitters, threads, fabrics, foils, beads, tapes, jewelry, air brushing, decals/stencils or cast moldings
 - b. Free-edge or 1/2 well tips **Note: Pre-Cut Fiberglass tips are allowed**
 - c. Tip blenders
 - d. Top coats or base coats. **Note: Top coat or sealer is allowed for nail art application only**
 - e. Electric files/drills
 - f. Oil, lotion and buffing crème

SCOPE OF THE CONTEST

The contest is defined by industry standards as set by the current industry technical standards. The contest is divided into two parts: a written exam and a series of testing situations designed to assess knowledge in nail care industry standards.

Knowledge Performance

The contest will include a written knowledge exam assessing all aspects of nail care including safety and sanitation, natural nail and foot care, and artificial nails, as well as a written description of nail art theme.

Skill Performance

The contest will include a series of testing situations including oral presentations and technical applications. The areas that will be evaluated are customer service, safety and sanitation, natural nail care, artificial nails, and nail lacquer and art application. Observations during each segment and evaluation of the finished product will be considered in the scoring.

References:

NMC-INTA Pedicure Equipment Procedures:
www.probeauty.org/docs/nmc/INTA_PBA_pedi_procedures.pdf

Milady Standard Nail Technology Textbook, Fifth Edition: www.milady.com

Salon Fundamentals: Nail Technology:
www.pivot-point.com

Contest Guidelines

1. All contestants must bring a model for the competition.
2. Contestants are not permitted to touch their models before the competition begins or between segments.
3. Time limits: three to five minutes for oral presentation on nail theme, one hour for acrylic (right hand), one hour for tips with light-cured gel overlay (left hand), 30 minutes for written examination, and 90 minutes for polish (right hand) and flat nail art applications. All segments of work must be completed in the specified time during competition. (For example, during the light-cured gel overlay, no work may be

completed or started on the sculptured, nail art or polish application.)

4. Disqualification or penalty points taken can occur for the following:
 - a. Any rule not followed, with NO exceptions!
 - b. Leaving competition area before completion of model (applies to both contestant and model) without proper escort
 - c. Unauthorized use of a product that is not allowed or that doesn't appear in the above listing
 - d. Any product that appears to have been altered
5. Conversation between contestant and model is limited. Communication with observers, judges and other contestants is prohibited during the contest. Too much interaction can result in disqualification.

Standards and Competencies

NAIL 1.0 — Apply the knowledge and skills needed to perform safety and sanitation in a nail care situation.

- 1.1 Show safety in handling products
 - 1.1.1 Set up table to consist of items needed for the specific contest application in progress (i.e., if sculptured nail is in progress, the tip and wrap and nail art materials should not be visible during this time)
 - 1.1.2 Identify all products and solutions properly with the manufacturers original packaging and labeling (e.g., cannot be defaced)
 - 1.1.3 Ensure that bottles and containers are securely closed after use
 - 1.1.4 Demonstrate when and how safety glasses and gloves are used
- 1.2 Perform sanitary practices
 - 1.2.1 Ensure that all implements and files are brought to the contest cleaned, disinfected or new and are labeled as such
 - 1.2.2 Ensure that any implement or file that becomes contaminated during the contest is disposed of or cleaned and disinfected

- 1.3 Perform safe usage of implements and tools
 - 1.3.1 Verify there are no cuts on surrounding skin
 - 1.3.2 Verify there are no cuticle abrasions
- 1.4 Apply knowledge of sanitation and disinfection, how they are accomplished and how they differ
 - 1.4.1 Define sanitation and disinfection
 - 1.4.2 List and explain proper procedure for sanitation and disinfection
 - 1.4.3 Contrast sanitation and disinfection
 - 1.4.4 Describe importance of proper sanitation
 - 1.4.5 Describe importance of proper disinfection
- 1.5 Show cleanliness and organization of the working environment
 - 1.5.1 Ensure that workspace is clean and organized throughout contest
 - 1.5.2 Verify that only needed items are out on the table
 - 1.5.3 Ensure that required tools and products are accounted for and professionally organized

NAIL 2.0 — Implement skills that are needed for quality customer service in a nail care situation

- 2.1 Evaluate client needs and demonstrate listening skills
 - 2.1.1 Analyze nails
 - 2.1.2 Question client about current state of natural nails
 - 2.1.3 Question client on desired results
 - 2.1.4 Understand client's current situation versus desired situation
- 2.2 Demonstrate effective communication while talking with the client
 - 2.2.1 Develop and recommend services and products that relate to client needs
 - 2.2.2 Use a pleasant tone of voice, smile, and exude positive body language
 - 2.2.3 Be persuasive
- 2.3 Model professional behavior and a positive attitude throughout the contest

- 2.3.1 Listen to directions
- 2.3.2 Follow all rules
- 2.3.3 Be punctual

NAIL 3.0 — Apply the knowledge and the skills needed to perform natural nail care in a nail care situation

- 3.1 Describe natural nail care services including a basic manicure and add-on services and results that can be obtained through these services
 - 3.1.1 Propose a service or combination of services for specific client needs
 - 3.1.2 Describe a basic manicure and additional services
 - 3.1.3 Describe the results that can be obtained through these services
- 3.2 Describe home care products and the results of their use
 - 3.2.1 Prescribe needed home care products and their purposes
 - 3.2.2 Describe the results that can be obtained by using these products

NAIL 4.0 — Apply the knowledge and skills needed to perform artificial nails services in a nail care situation

- 4.1 Build an acrylic nail
 - 4.1.1 Ensure product control; clarity/no bubbles, smile line
 - 4.1.2 Verify that the cuticle and nail grove are smooth and thin
 - 4.1.3 Identify that the contour, the highest point of nail, is in the center at the natural stress area
 - 4.1.4 Ensure that the shape and length is consistent on each finger
 - 4.1.5 Identify that the surface finish is smooth, with a high-gloss shine
- 4.2 Demonstrate proper application and blending of a nail tip
 - 4.2.1 Perform tip application (i.e., fit and alignment)
 - 4.2.2 Perform tip blending
 - 4.2.3 Perform product control (i.e., no adhesive seepage)
 - 4.2.4 Perform tool control (i.e., no excessive filing on skin or natural nail)

- 4.3 Describe the proper application of a nail wrap and resin
 - 4.3.1 Differentiate types of wrap materials & describe proper application
 - 4.3.2 Describe proper application of resin
- 4.4 Demonstrate application of a light-cured gel nail
 - 4.4.1 Define a light-cured gel
 - 4.4.2 Differentiate light-cured gels from other material used to create artificial nails
 - 4.4.3 Describe benefits of light-cured gels
 - 4.4.4 Demonstrate application of light-cured gel. (ie. Cover nail completely, no excess gel in cuticle area)
 - 4.4.5 Identify that the contour, the highest point of nail, is in the center at the natural stress area
 - 4.4.6 Ensure that the shape and length is consistent on each finger
 - 4.4.7 Ensure that surface finish is smooth, with a high-gloss shine
- 4.5 Prepare or describe preparation of a natural nail for any type of artificial enhancement
 - 4.5.1 List steps for properly preparing a natural nail for an artificial enhancement
 - 4.5.2 Identify importance of proper preparation
- 4.6 Demonstrate proper finishing techniques for any type of artificial enhancements
 - 4.6.1 List steps to finish an artificial nail
 - 4.6.2 Understand and contrast different file grits
 - 4.6.3 Describe the proper contour for the strongest artificial nail
- 4.7 Describe the different materials used to create artificial nails
 - 4.7.1 Compare and contrast acrylic nails, wrap systems and light- cured gels
- 4.8 Describe the different methods of creating artificial nails
 - 4.8.1 Compare and contrast overlays, tip with overlays, and sculpting methods of creating artificial nails
- 4.9 Describe maintenance required for artificial nails
 - 4.9.1 Describe maintenance for acrylic nails

- 4.9.2 Describe maintenance for wrap system nails
- 4.9.3 Describe maintenance for light-cured gel nails

NAIL 5.0 — Implement the knowledge and skills needed to perform nail lacquer and art application in a nail care situation

- 5.1 Show proper application of nail lacquer, including any necessary cleanup
 - 5.1.1 Ensure neatness, coverage evenness and cuticle involvement
- 5.2 Show proper application of flat paints/lacquers
 - 5.2.1 Implement creativity; theme, follow-through of theme, artist expression, and color coordination
 - 5.2.2 Perform at the proper level of difficulty and complexity of design
 - 5.2.3 Ensure precision, neatness and clarity of lines
- 5.3 Describe the theme you intend to create with nail art in one to two written paragraphs (grammar, creativity and language will be evaluated)

Note: Turned in at Orientation Meeting