

ACTION SKILLS BASIC NYS



PURPOSE

To evaluate each contestant's ability to demonstrate and explain an entry-level skill used in the occupational area for which he or she is training.

ELIGIBILITY

Open to active SkillsUSA members enrolled in a career and technical program with entry-level job skills as the occupational objective. Must provide the Basic Participant form stating that the contestant is classified under the provisions of Public Law 105-17, Individuals with Disabilities Education Act, 1997, is required for participation. The eligibility form is to be presented to the contest chair at the contestant orientation meeting. No written Contest Test and no SkillsUSA knowledge (PDP) test is required.

CLOTHING REQUIREMENT

Contestants must wear appropriate attire for the occupational area of the demonstration.

NYS SkillsUSA official dress will be acceptable only if the demonstration is considered a leadership skill.

NYS Official attire for men: Official red blazer, NYS black/red windbreaker, the older national windbreaker or older red sweater; and the Black Carhartt Jacket from Nationals (personal identification concealed). Black dress slacks; white dress shirt; plain black tie with no pattern or a SkillsUSA black tie. Black socks and black shoes.

NYS Official attire for women: Official red blazer, NYS black/red windbreaker, the older national windbreaker or older red sweater; and the Black Carhartt Jacket from Nationals (personal identification concealed). Black dress slacks or skirt with businesslike white, collarless blouse or white blouse with small plain collar that may not extend

onto the lapels of the blazer. Black sheer or skin-tone hose and black shoes, that are not backless or open toe.

Note: Contestants must wear their contest clothing to the contest orientation meeting.

EQUIPMENT AND MATERIALS

1. Supplied by the NY chair/committee:
 - a. Time keeper
 - b. All necessary information and furnishings for judges and technical committee
2. Supplied by the contestant:
 - a. All materials and equipment needed for the demonstration to be completed two times, once for the preliminaries and again for the finals, if required
 - b. All competitors must create a one-page résumé and submit a hard copy to the technical committee chair at orientation. Failure to do so will result in a 10-point penalty.

Note: Your contest may also require a hard copy of your résumé as part of the actual contest. Check the Contest Guidelines and/or the updates page on the NYS SkillsUSA Web site:

<http://www.nysskillsusa.org/>

SCOPE OF THE CONTEST

Knowledge Performance

There is no written knowledge test and SkillsUSA Knowledge test required in this contest.

Skill Performance

The demonstration is a presentation of an occupational skill accompanied by a clear explanation of the topic through the use of

examples, experiments, displays or practical operations.

Contest Guidelines

1. Any skill may be demonstrated if it is related to the occupational program of the contestant.
2. The contestant will present a 3"x5" card with the following three items:
 - a. The contestant's number
 - b. The topic or purpose of the demonstration
 - c. The contestant's training program

This 3" x 5" Card will be presented to the chair upon entering the contest room and prior to his or her demonstration.

3. The demonstration shall be at least five minutes in length, but shall not exceed seven minutes.

Penalty: -50 points will be deducted for each 30 seconds (or fraction thereof) under the five minutes or for each 30 seconds (or fraction thereof) over the seven minutes.

4. Contestants will be allowed three minutes to set up the demonstration and three minutes to clear the demonstration area (8' x 12') box.

Penalty: -50 points will be deducted for each 30 seconds (or fraction thereof) over the three-minute allowance

Note: The demonstration area/box will be marked by an 8' x 12' taped area on the floor.

5. Demonstration time (limit) will start when the demonstration begins. The time keeper will signal the speaker at 5 minutes, 6 minutes and 7 minutes.
6. A performance space of 8'x12' will be provided that contains a table and one duplex (two plug ins) 110-volt (15 amp) electrical outlet.,one chair and one easel .**Note:** The presenter and his or her demonstration material MUST remain within the 8' x 12' demonstration area. Points will be deducted for any violation of demonstration materials, easel, presenter, model and /or model's chair that are outside the 8' x 12' demonstration area/box.
7. Any visual aids (signs, charts, transparencies, slides or diagrams) are to be prepared by contestants. No sound devices of any kind may be used to

transmit audible words, sound or music. No compressed air or gas will be permitted. No material or apparatus that in any way poses a threat of fire or explosion may be used. No pressurized aerosol cans of any kind are permitted.

8. The contestant will not mention his or her name, school, city or state.
9. The demonstration is an individual performance; however, an assistant may be used to set up and dismantle the demonstration or may be used as a prop or model, but in no way, can assist with the presentation. Any presentation assistance, coaching or signaling will disqualify the contestant. An advisor may not serve as an assistant. The presentation assistant/model/helper must be a SkillsUSA student member.
10. Contestants will not take the skills-related written or Professional Development Test.
11. The presentation assistant/model/helper must attend the contestant orientation meeting.
12. The contestant will not have any interaction with the judges or time keeper
13. Tie Brteaker – Highest score in the following areas:
 - a. Explanation is complete
 - b. Demonstration is interesting
 - c. Demonstration is organized

Standards and Competencies

AS 1.0 — Design an effective presentation that demonstrates a job skill related to the field of training

- 1.1 Prepare a demonstration of a job skill that lasts five to seven minutes
- 1.2 Organize demonstration in a logical and coherent manner

AS 2.0 — Deliver the presentation in a professional manner that meets the standards outlined by the technical committee

- 2.1 Practice elements of informal conversation
- 2.2 Perform the actual skill in the presentation
- 2.3 Explain the topic through the use of experiments, displays or practical operations

- 2.4 Demonstrate an effective and pleasing delivery style
- 2.5 Use verbal illustrations and examples effectively
- 2.6 Make a formal and effective introduction to the presentation that clearly identifies the scope of the demonstration
- 2.7 Pronounce words in a clear and understandable manner if feasible
- 2.8 Use a variety of verbal techniques including: modulation of voice, changing volume, varied inflection, modifying tempo and verbal enthusiasm
- 2.9 Demonstrate poise and self-control while presenting
- 2.10 Use props and models to illustrate points
- 2.11 Demonstrate good platform development and personal confidence

- 2.12 Communicate the primary points of the speech in a compact and complete manner
- 2.13 Tie organizational elements together with an effective ending
- 2.14 Complete the demonstration within the time limits set by contest requirements
- 2.15 Deliver an interesting and informative demonstration

AS 3.0 Wear, appropriate clothing for state contest clothing requirements for official uniform or occupational area of the demonstration.

- 3.1 Display clothing that meets state standards for competition
- 3.2 Demonstrate good grooming in dress and personal hygiene