

# AREA1

## Regional Competition Contest Scope/Regulations

**Contest: First Aid/CPR**

**Competition Date: Tuesday, March 09, 2010**

**Chairperson: Delia D. Tee**

**Contest Site: Alfred State**

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Please refer to the SkillsUSA CHAMPIONSHIPS Technical Standards 2008 for information.

Items Evaluated	Possible Points	Explanation of special rule for Regionals
Contestants will be evaluated for their ability to perform procedures or take appropriate action based on scenarios presented in the topics of CPR/First Aid.	240	6 scenarios. Scene safety, BSI, patient assessment, appropriate treatment and professional deportment.
Contestants will be tested on their oral communication skills. Maximum points will be 10% of total score.	24	Ability to ask questions, give clear and concise directions, give oral report of findings; voice tonal quality, volume and confident.
Required Safety Sign-off Sheet	10	Each competitor must have this form
Clothing Penalty (0 to 5% of total points)		Clean and professional attire as described under clothing description.
Oral Test	10	First tiebreaker - Oral questions from the American Red Cross, American Heart Association and the National Safety Council for AED, CPR and First Aid.
Shortest overall time to complete the 6 scenarios.	Actual time	Second tiebreaker
SkillsUSA-Knowledge Test	10	Third tiebreaker
<b>TOTAL POINTS</b>	<b>274</b>	

### **Required Equipment-Supplies for Contestant:**

1. Supplied by the technical committee:
  - a. All information needed to react to the scenarios.
  - b. Supplies commonly found in the situations described.
2. Supplied by the contestant:
  - a. Approved certifications from the American Red Cross, American Heart Association and the National Safety Council for AED, CPR and First Aid.

**NOTE: Contestant must present current copies of all three certifications: AED, CPR and First Aid cards in order to be eligible to participate in the competition.**

### **Clothing Description (dress as required for New York State Area I Contest):**

Professional attire required includes blue scrubs, white socks, white T-shirt, (may be worn under scrub top if desired), and white leather health professional work shoes. Shoes must be all white leather (no canvas), completely enclosed (no open toe or open heal). Athletic shoes that meet the aforementioned criteria are acceptable.